

Lunch Menu Week 1



Week 1		TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT MAINS	Wholemeal Margarita Pizza with Wedges & Beans 	Spaghetti Bolognese with Crusty Bread & Salad	All Day Breakfast with Beans & Mushrooms	Ham Roast Dinner with New Potatoes & Seasonal Vegetables	Fish, Fish Fingers or Salmon stars with Chips & Beans
	Jacket Potatoes with Cheese or BEANS 	Vegetarian Spaghetti Bolognese with Crusty Bread & Salad 	Cheese Quiche with Salad 	Vegetarian Roast Dinner with New Potatoes & Seasonal Vegetables 	Vegan Sausage Rolls or Vegan Nuggets with Chips & Beans 
CHEF SPECIAL	Ask Chef about todays special!				
DESSERT	Fresh Fruit Salad	Apple Crumble & Custard	Vanilla Sponge Cake	Shortbread	Cheese & Crackers

Available Daily: Jacket potatoes with tuna, cheese or beans, salad, hummus, fresh fruit and yoghurt

Please speak to a member of staff about dietary requirements.
All menus are checked by a nutritionist and adhere to School Food Standards.

 Vegetarian
 Vegan
 Oily fish

Lunch Menu Week 2



Week 2		TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT MAINS	Tomato & Basil Pasta with Salad 	Chef Daniel's Beef & Bean wholemeal Quesadillas	Chicken Curry with Rice & Green Beans	Meatballs in Tomato Sauce with Pasta & Salad	Fish, Fish Fingers or Salmon stars with Chips & Beans
	Jacket Potato with Cheese or Beans 	Macaroni Cheese with Salad 	Vegetable Curry with Rice 	Vegetarian Meatballs in Tomato Sauce with Pasta & Salad 	Vegan Sausage Rolls or Vegan Nuggets with Chips & Beans 
CHEF SPECIAL	Ask Chef about todays special!				
DESSERT	Fresh Fruit Salad	Vanilla Cheesecake	plain Scones with Raisins	Ginger Cake	Cheese & Crackers

Available Daily: Jacket potatoes with tuna, cheese or beans, salad, hummus, fresh fruit and yoghurt

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Lunch Menu Week 3



Week 3		TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT MAINS	Wholemeal Margarita pizza with Wedges & Beans 	Sausage & Mash with peas	Chicken Fajita with Tortilla Chips and salad	Spaghetti Bolognese with Crusty Bread & Salad	Fish, Fish Fingers or Salmon stars  with Chips & Beans
	Jacket Potatoes with Cheese or Beans 	Vegetarian Sausage & Mash with peas 	Welsh Rarebit with Salad 	Vegetarian Spaghetti Bolognese with Crusty Bread & Salad 	Vegan Sausage Rolls or Vegan Nuggets with Chips & Beans 
CHEF SPECIAL	Ask Chef about todays special!				
DESSERT	Fresh Fruit Salad	Chefs Choice	'Chocolate' Fudge Cake	Apple & Pear Crumble	Cheese & Crackers

Available Daily: Jacket potatoes with tuna, cheese or beans, salad, hummus, fresh fruit and yoghurt

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Lunch Menu Week 4



Week 4		TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT MAINS	Tomato wholemeal Pasta with Salad & Garlic Bread 	Chicken Curry with Rice & Broccoli	Baked Pasta Carbonara with Salad	Meatball Sub with Wedges & Salad	Fish, Fish Fingers or Salmon stars with Chips & Beans
	Jacket potatoes with Cheese or Beans 	Vegetable Curry with Rice & Broccoli 	Macaroni Cheese 	Vegetarian Meatball Sub with Wedges & Salad 	Vegan Sausage Roll or Vegan Nuggets with Chips & Beans 
CHEF SPECIAL	Ask Chef about todays special!				
DESSERT	Fresh Fruit Salad	Sponge Cake	Apple Flapjack	Plain Scones with Raisins	Cheese & Crackers

Available Daily: Jacket potatoes with tuna, cheese or beans, salad, hummus, fresh fruit and yoghurt

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Lunch Menu Week 5



Week 4		TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT MAINS	Tomato wholemeal Pasta with Salad & Garlic Bread 	All Day Breakfast with Beans & Mushrooms	Lasagne served with Garlic bread and Salad	Ham Roast Dinner with New Potatoes & Seasonal Vegetables	Fish, Fish Fingers or Salmon stars with Chips & Beans
	Jacket Potatoes with Cheese or Beans 	Welsh Rarebit with Salad 	Vegetarian Lasagne served with Garlic bread and Salad 	Vegetarian Roast Dinner with New Potatoes & Seasonal Vegetable 	Vegan Sausage Roll or Vegan Nuggets with Chips & Beans 
CHEF SPECIAL	Ask Chef about todays special!				
DESSERT	Fresh Fruit Salad	Shortbread	'Chocolate' Fudge Cake	Vanilla Cheesecake	Cheese & Crackers

Available Daily: Jacket potatoes with tuna, cheese or beans, salad, hummus, fresh fruit and yoghurt

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 Oily fish

Lunch Menu Week 6



Week 4	 Planet Friendly MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT MAINS	Tomato wholemeal Pasta with Salad & Garlic Bread 	Chicken Curry with Rice & Broccoli	Sausage & Mash with peas	Steak pie served with Mashed potato and peas	Fish, Fish Fingers or Salmon stars with Chips & Beans
	Jacket potatoes with Cheese or Beans 	Vegetable Curry with Rice & Broccoli 	Vegetarian Sausage & Mash with Peas 	Macaroni Cheese 	Vegan Sausage Roll or Vegan Nuggets with Chips & Beans 
CHEF SPECIAL	Ask Chef about todays special!				
DESSERT	Fresh Fruit Salad	Apple crumbe	Chef Choice	Ginger Cake	Cheese & Crackers

Available Daily: Jacket potatoes with tuna, cheese or beans, salad, hummus, fresh fruit and yoghurt

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