



St. Michael in the Hamlet Primary School

Neilson Road

Liverpool L17 7BA

Head Teacher: Miss L. Moreton

Dear Parents/Carers,

As a part of your child's education at St Michael in the Hamlet, we promote personal wellbeing and development through a comprehensive Personal, Social, Health and Economic (PSHE) education programme. PSHE education is the curriculum subject that gives children the knowledge, understanding, attitudes and practical skills to live safe, healthy, productive lives and meet their full potential.

I am writing to let you know that, over the next term, starting on Tuesday 14th April 2026, your child's class will be taking part in lessons which will focus on the relationships and sex education (RSE) aspect of this programme. Lessons in Year 6 will build on children's knowledge of changes that occur during puberty for both as well as the importance of looking after themselves physically and emotionally. They will also explore how a baby develops from conception through pregnancy and birth. Students will learn about self-esteem and ways to develop it. Additionally, we will discuss what they are looking forward to and what they might be worried about when thinking about transitioning to secondary school or moving to the next class.

PSHE education is taught throughout the school in every year group and is monitored and reviewed regularly by the staff and governing body. Please visit the school's website for more detail about our PSHE curriculum.

<https://stmichaelinthehamletschool.com/personal-social-health-education-pshe/>

All PSHE teaching will take place in a safe learning environment and is underpinned by our school ethos and values. As a school community, we are committed to working in partnership with parents; recent parental feedback from RSE consultation has indicated that the overwhelming majority of parents continue to be highly supportive of the relationships and sex education programme. If you would like to find out more or discuss any concerns, we would urge you to speak to your child's class teacher.

Yours sincerely

Miss Lett



Telephone: 0151 727 3215

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'St. Michael in the Hamlet Community Primary School is committed to safeguarding and promoting the welfare of children and expects all members of our school community to share this commitment.'