

Lunch Menu Week 1



Week 1	 Planet Friendly MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT MAINS	Wholemeal Margarita Pizza with Wedges & Beans V	Beef Chilli Tacos with Tortilla Chips & Salad	All Day Breakfast with Beans & Mushrooms	Ham Roast Dinner with New Potatoes & Seasonal Vegetables	Fish or Fish Fingers with Chips & Beans
	Jacket Potatoes with Cheese or BEans V	Vegetable Stir Fry Ve	Cheese Quiche with Salad V	Vegetarian Roast Dinner with New Potatoes & Seasonal Vegetables V	Vegan Sausage Rolls or Vegan Nuggets with Chips & Beans Ve
CHEF SPECIAL	Ask Chef about todays special!				
DESSERT	Fresh Fruit Salad	Apple Crumble & Custard	Vanilla Sponge Cake	Shortbread	Cheese & Crackers



Available Daily: Jacket potatoes with tuna, cheese or beans, salad, hummus, fresh fruit and yoghurt

Please speak to a member of staff about dietary requirements. All menus are checked by a nutritionist and adhere to School Food Standards.

V Vegetarian
Ve Vegan
 Oily fish

Lunch Menu Week 2



Week 2	 Planet Friendly MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT MAINS	Tomato & Basil pasta with Salad v	Chef Daniel's Beef & Bean wholemeal Quesadillas	Chicken Curry with Rice & Green Beans	Meatballs in Tomato Sauce with Pasta & Salad	Fish or Fish Fingers with Chips & Beans
	Jacket potato with Cheese or Beans v	Macaroni Cheese with Salad v	Vegetable Curry with Rice ve	Vegetarian Meatballs in Tomato Sauce with Pasta & Salad v	Vegan Sausage Rolls or Vegan Nuggets with Chips & Beans ve
CHEF SPECIAL	Ask Chef about today's special!				
DESSERT	Fresh Fruit Salad	Vanilla Cheesecake	plain Scones with Raisins	Ginger Cake	Cheese & Crackers



Available Daily: Jacket potatoes with tuna, cheese or beans, salad, hummus, fresh fruit and yoghurt

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Lunch Menu Week 3



Week 3	Planet Friendly MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT MAINS	Wholemeal Margarita Pizza with Wedges & Beans	Sausage & Mash with peas	Chicken Fajita with Tortilla Chips	Spaghetti Bolognese with Crusty Bread & Salad	Fish, Fish Fingers or Salmon Stars with Chips & Beans
	Jacket potatoes with Cheese or Beans	Vegetarian Sausage & Mash with peas	welsh Rarebit with Salad	Vegetarian Spaghetti Bolognese with Crusty Bread & Salad	Vegan Sausage Rolls or Vegan Nuggets with Chips & Beans
CHEF SPECIAL	Ask Chef about todays special!				
DESSERT	Fresh Fruit Salad	Chefs Choice	'Chocolate' Fudge Cake	Apple & Pear Crumble	Cheese & Crackers



Available Daily: Jacket potatoes with tuna, cheese or beans, salad, hummus, fresh fruit and yoghurt

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Vegetarian
 Vegan
 Oily fish

Lunch Menu Week 4



Week 4	Planet Friendly MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT MAINS	Tomato wholemeal Pasta with Salad & Garlic Bread V	Chicken Curry with Rice & Green Beans	Baked pasta Carbonara with Salad	Meatball Sub with Wedges & Salad	Fish or Fish Fingers with Chips & Beans
	Jacket potatoes with Cheese or Beans V	Vegetable Curry with Rice & Green Beans Ve	Macaroni Cheese V	Vegetarian Meatball Sub with Wedges & Salad V	Vegan Sausage Roll or Vegan Nuggets with Chips & Beans Ve
CHEF SPECIAL	Ask Chef about todays special!				
DESSERT	Fresh Fruit Salad	Sponge Cake	Apple Flapjack	Plain Scones with Raisins	Cheese & Crackers



Available Daily: Jacket potatoes with tuna, cheese or beans, salad, hummus, fresh fruit and yoghurt

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