ONLINE SAFETY NEWSLETTER

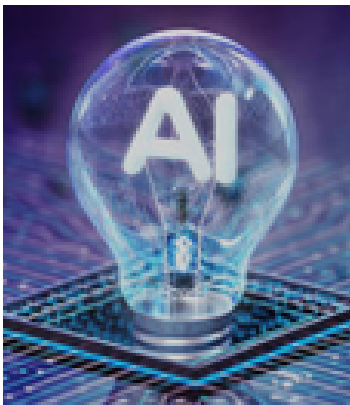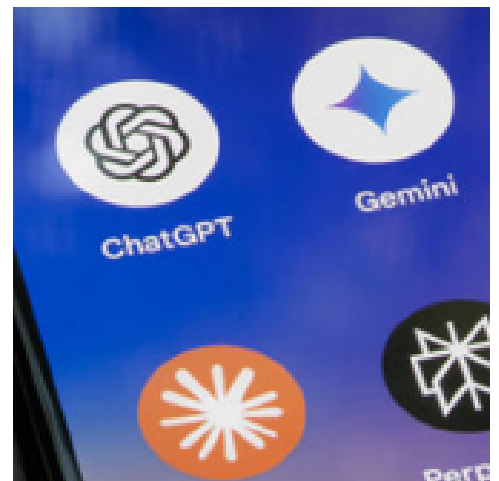## ARTIFICIAL INTELLIGENCE - UNDERSTANDING CHATBOTS AND IMAGE GENERATORS

ISSUE 7

ARTIFICIAL INTELLIGENCE

Artificial Intelligence (AI) refers to computer programs that can write text, create images, or answer questions. It's used in tools like chatbots and voice assistants such as Siri or Alexa.

AI can be helpful, but it also poses risks. Children might use it for their homework, see inappropriate content, or believe false information created by AI.

It is important to talk to your children about how they use AI, help them spot what's real and what's not, and encourage safe, responsible use.

AI-GENERATED CONTENT

AI-generated content includes text, images, videos, or even voices created by artificial intelligence. It can be fun and creative, but there are also risks.

AI can produce fake news or realistic-looking videos and images that aren't real. This can confuse or influence children, who may not always be able to tell what's true. They might share or believe harmful content created by AI.

Encourage your child to think carefully about what they see online. Help them check sources, ask questions, and talk to a trusted adult if they're unsure if something is real.

ACTIVITY AT HOME

The best way to learn about AI is by using it together.

Find a mix of real and AI-generated images or texts (you could use ChatGPT) and have your child guess which ones are real. Talk about how they could tell and why it matters.

Finish this activity by creating something fun—like a story or picture—and talk about using AI safely and responsibly.