

St. Michael in the Hamlet Primary School Physical Education Curriculum Overview 2024 - 2025

PE Planning Unit External Coach/ Sports Activity

Year Group	Autumn		Spring		Summer	
Nursery	Dance (Dance Till you drop - Twinkl)	Athletics (The Olympics - Twinkl)	Gymnastics (Jumping Jacks and Rock 'n' Roll - Twinkl)	Ball Skills (Best of balls - Twinkl)	Dance (Dinosaurs - Twinkl)	Gymnastics (Gym in the Jungle- Twinkl) Basketball
Reception	Dance	Working with others	Movement Development	Throwing and catching	Ball skills Basketball	Fun and games
Year 1	Dance	Athletics	Gymnastics Basketball	Cricket	Football Cricket	Rounders
Year 2	Dance	Athletics	Gymnastics Basketball	Cricket	Football Cricket	Rounders
Year 3	Dance	Athletics Tennis	Gymnastics	Cricket Basketball	Football Swimming	OAA Swimming
Year 4	Dance	Athletics	Gymnastics Basketball	Cricket	Football Cricket	OAA
Year 5	Dance	Athletics Tennis	Gymnastics	Cricket Basketball	Football	OAA
Year 6	Dance Swimming	Athletics Swimming	Gymnastics	Cricket	Football	OAA Basketball
HIVE	Dance	Athletics	Gymnastics	Cricket	Football Basketball	OAA Swimming