



## Dinner Menu – Week 1

Week commencing 02/01/2023

|                   | Monday | Tuesday | Wednesday  | Thursday   | Friday   |
|-------------------|--------|---------|--|--|--|
| Main              |        |         | Wholemeal pizza served with wedges and beans or coleslaw | Homemade Cumberland sausage slice with wedges and beans<br><br>Veg option:<br>Cheese and tomato panini | Fish fingers with chips and peas<br><br>Veg option:<br>Veggie sausage roll |
| Alternative       |        |         | Sandwich or a Jacket Potato<br><br>Soup                  | Sandwich or a Jacket Potato<br><br>Soup  | Sandwich or a Jacket Potato<br><br>Soup                                    |
| Salad             |        |         | Salad Bar  | Salad Bar  | Salad Bar  |
| Dessert           |        |         | Fresh fruit salad  | Iced sponge cake   | Cheese and crackers  |
| Additional Option |        |         | Yoghurt  | Fruit and Yoghurt  | Fruit and Yoghurt  |



## Dinner Menu – Week 2

Week commencing 09/01/2023

|                   | Monday   | Tuesday  | Wednesday   | Thursday   | Friday   |
|-------------------|--|--|---|--|--|
| Main              | Homemade wholemeal pizza with wedges and beans or coleslaw | Southern fried chicken wrap served with salad and crisps<br><br>Veg option: Veggie nugget wrap | All day breakfast with sausage, scrambled egg, beans, hash brown and crusty bread<br><br>Veg option: Veggie breakfast | Meatball sub with fresh salad and tortilla chips<br><br>Veg option: Veggie sub | Fish, chips and mushy peas<br><br>Veg option: Veggie dippers |
| Alternative       | Sandwich or a Jacket Potato<br><br>Soup                    | Sandwich or a Jacket Potato<br><br>Soup  | Sandwich or a Jacket Potato<br><br>Soup   | Sandwich or a Jacket Potato<br><br>Soup  | Sandwich or a Jacket Potato<br><br>Soup                      |
| Salad             | Salad bar  | Salad Bar  | Salad Bar   | Salad Bar  | Salad Bar  |
| Dessert           | Fresh fruit salad or biscuits                              | Vanilla cheesecake or jelly  | Fruit scones  | Apple crumble and custard  | Cheese and crackers  |
| Additional Option | Yoghurt  | Fruit and Yoghurt  | Fruit and Yoghurt   | Fruit and Yoghurt  | Fruit and Yoghurt  |



## Dinner Menu – Week 3

Week commencing 16/01/2023

|                   | Monday  | Tuesday   | Wednesday   | Thursday<br><b>CENSUS DAY</b>   | Friday   |
|-------------------|---|---|---|---|--|
| Main              | Veggie stir fry with noodles and spring rolls<br><br>Tomato pasta | Homemade Scouse served with crusty bread and beetroot<br><br>Veg option: Tuna pasta | Ham roast dinner served with seasonal vegetables, stuffing and roast potatoes<br><br>Veg option: Veggie roast | Fish cake or fish fingers and chips served with mushy peas<br><br>Veg option: Veggie burger | Homemade chicken curry served with rice and naan bread<br><br>Veg option: Veggie curry |
| Alternative       | Sandwich or a Jacket Potato<br><br>Soup                           | Sandwich or a Jacket Potato<br><br>Soup   | Sandwich or a Jacket Potato<br><br>Soup   | Sandwich or a Jacket Potato<br><br>Soup   | Sandwich or a Jacket Potato<br><br>Soup  |
| Salad             | Salad Bar   | Salad Bar   | Salad Bar   | Salad Bar   | Salad Bar  |
| Dessert           | Shortbread biscuits   | Fresh fruit salad   | Chocolate cake  | Jelly and ice cream   | Cheese and Crackers  |
| Additional Option | Fruit and Yoghurt   | Yoghurt   | Fruit and Yoghurt   | Fruit and Yoghurt   | Fruit and Yoghurt  |



## Dinner Menu – Week 4

Week commencing 23/01/2023

|                   | Monday   | Tuesday  | Wednesday  | Thursday  | Friday   |
|-------------------|--|--|--|---|--|
| Main              | Homemade wholemeal pizza with wedges and beans or coleslaw | Homemade steak pie served with roast potatoes and green beans<br><br>Veg option: Cheese toasties | Homemade tomato and basil pasta served with crusty bread | Sausage and mashed potato with gravy, peas and sweetcorn<br><br>Veg option: Veggie sausage and mash | Fish fingers with chips and beans<br><br>Veg option: Veggie sausage roll |
| Alternative       | Sandwich or a Jacket Potato<br><br>Soup                    | Sandwich or a Jacket Potato<br><br>Soup  | Sandwich or a Jacket Potato<br><br>Soup                  | Sandwich or a Jacket Potato<br><br>Soup   | Sandwich or a Jacket Potato<br><br>Soup                                  |
| Salad             | Salad Bar  | Salad Bar  | Salad Bar  | Salad Bar   | Salad Bar  |
| Dessert           | Fresh fruit salad  | Iced sponge cake   | Ginger cake  | Fresh fruit jelly or biscuits   | Cheese and crackers  |
| Additional Option | Yoghurt  | Fruit and Yoghurt  | Fruit and Yoghurt  | Fruit and Yoghurt   | Fruit and Yoghurt  |



## Dinner Menu – Week 5

Week commencing 30/01/2023

|                   | Monday  | Tuesday   | Wednesday   | Thursday  | Friday  |
|-------------------|---|---|---|---|---|
| Main              | Homemade chip shop curry with basmati rice, green beans and mango chutney | Homemade spaghetti bolognese served with fresh garlic bread<br><br>Veg option: veggie bolognese | Sausage and homemade mashed potato with gravy and peas<br><br>Veg option: Veggie sausage and mash | Homemade chicken pie served with wedges and seasonal veg<br><br>Veg option: Cheese toasties | Battered fish with chips and mushy peas<br><br>Veg option: veggie burger in a bun |
| Alternative       | Sandwich or a Jacket Potato<br><br>Soup                                   | Sandwich or a Jacket Potato<br><br>Soup   | Sandwich or a Jacket Potato<br><br>Soup   | Sandwich or a Jacket Potato<br><br>Soup   | Sandwich or a Jacket Potato<br><br>Soup   |
| Salad             | Salad Bar   | Salad Bar   | Salad Bar   | Salad Bar   | Salad Bar   |
| Dessert           | Apple crumble and custard   | Scones  | Iced sponge cake  | Fresh fruit salad   | Cheese and crackers   |
| Additional Option | Fruit and Yoghurt   | Fruit and Yoghurt   | Fruit and Yoghurt   | Yoghurt   | Fruit and Yoghurt   |



## Dinner Menu – Week 6

Week commencing 06/02/2023

|                   | Monday   | Tuesday                                     | Wednesday  | Thursday  | Friday  |
|-------------------|--|---|--|---|---|
| Main              | Vegan ravioli in tomato sauce served with crusty bread<br><br>Tomato pasta | Homemade pizza served with wedges and beans | Homemade chicken tikka curry served with basmati rice and mango chutney<br><br>Veg option:<br>Veggie curry | Ham roast served with roast potatoes and vegetables<br><br>Veg option: Veggie roast | Fish fingers and chips with garden peas<br><br>Veg option: Veggie dippers |
| Alternative       | Sandwich or a Jacket Potato<br><br>Soup                                    | Sandwich or a Jacket Potato<br><br>Soup     | Sandwich or a Jacket Potato<br><br>Soup  | Sandwich or a Jacket Potato<br><br>Soup   | Sandwich or a Jacket Potato<br><br>Soup                                   |
| Salad             | Salad Bar  | Salad Bar                                   | Salad Bar  | Salad Bar   | Salad Bar   |
| Dessert           | Fresh fruit salad  | Shortbread biscuits                         | Jam sponge cake  | Apple crumble and custard   | Cheese and crackers   |
| Additional Option | Yoghurt  | Fruit and Yoghurt                           | Fruit and Yoghurt  | Fruit and Yoghurt   | Fruit and Yoghurt   |