

Making a journey stick

You will need

A stick (any stick will do!) Don't have a stick? Use a pencil, a wooden spoon or roll up a piece of unwanted paper really tightly and secure with sticky tape, glue, string, or elastic bands.

Coloured wool, ribbons, string or elastic bands

Take your daily exercise or walk and as you are going around collect little things that appeal to you (Do not collect anything dangerous or mini-beasts)

Tie the item to the stick using the string, wool, ribbon or elastic bands. Encourage younger children to try to tie things using ribbons and large knots

Continue collecting and adding things to your stick until your walk is over or you feel your stick is finished.

Make sure you wash your hands as soon as you get home, you can spray a little anti-bac on your stick and items and allow it to dry before you play with it further.

Alternatively, take a wander through the house and add little items (ask first) or cut out pictures from unwanted magazines and newspapers (ask first) or take some pictures from our sheet below (you can copy these or print the sheet and add your own colours- whatever you like)

Add other decorations as you wish, bells, ribbons, shiny sweet wrappers, sequins - whatever you like

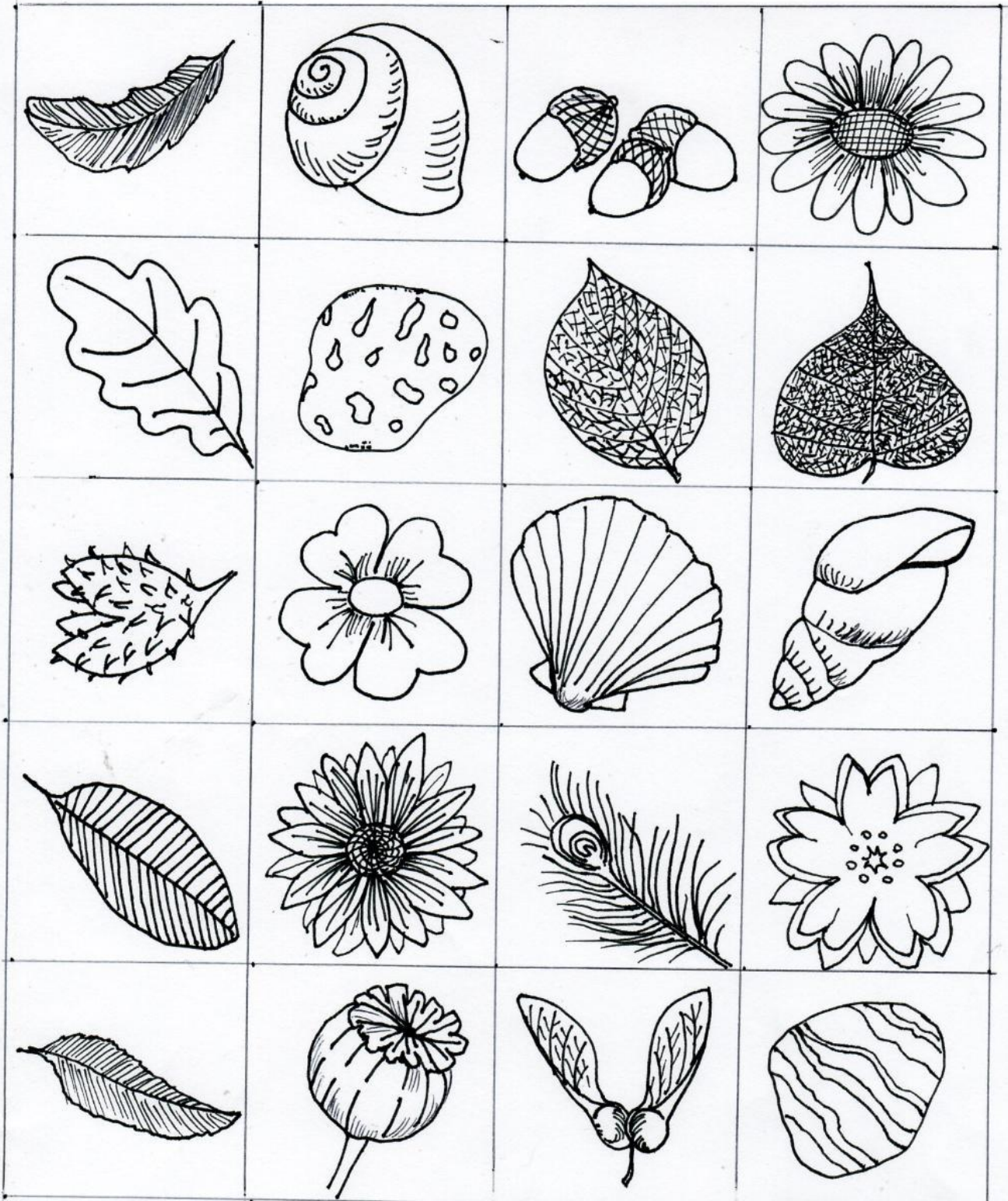
How to use your journey stick

1. Sit in a circle with others holding your journey sticks in front of you
2. Decide who is going to start
3. Tell a story about your discoveries, this can be factual or imaginary. Or recall your journey.
4. Allow each person to take a turn (they can opt out but encourage them to have a go even if it's only a few sentences)
5. Repeat for each person until everyone has had a turn.
6. Ask questions about each story or about a particular item.
7. Make sure everyone is thanked for their contribution.
8. Take photographs to record your journey, or keep your journey stick and make more
9. Encourage children to write down their stories, draw a copy of their stick and label it with the object names and reasons for their choice. Draw a map of the journey, as simple or complicated as you want and put notes by main areas or where treasures were found. If you are writing an imaginary story ask the children to describe their characters, draw a picture of a character or make a cartoon strip

Tell us what you did with your journey stick or send us a picture or your story.



Items for your wander bracelet or journey stick



S Owen 2020