

PE and School Sport Funding

The government is determined to secure a significant and lasting legacy from the very successful 2012 Olympic and Paralympic Games that were held in London. In order to achieve this and improve the provision of PE and sport in primary schools, additional funding of £150 million per annum has been made available for the academic years 2013/4 and 2014/5. The Prime Minister David Cameron announced in February 2014 that the Government have committed to funding for the Primary PE and Sport Premium to 2020. The objective of the PE and sport funding is to achieve self-sustaining improvement in the quality of PE and sport in primary schools the main objective is to ensure:

‘All pupils leaving primary school need to be physically literate and have the knowledge, skills and motivation necessary to equip them for a healthy lifestyle and lifelong participation in physical activity and sport.’

The Department for Education has confirmed that the Primary PE & Sport Premium will double from September 2017. The Secretary of State has reconfirmed the commitment to doubling the Primary PE & Sport Premium from September 2017.

In our school this amounted to £9,500 in 2013/2014 and 2014/2015. In 2015/2016 it was £9,323. In 2016/2017 it was £7,919. This year the PE and Sports Funding is **£19,540.**

At St. Michael in the Hamlet Primary School we believe that sport plays an important part as it contributes to the health and well-being of our children. Sporting excellence and participation, alongside strong cultural opportunities, go hand in hand with academic standards.

We have used the Sport Funding to purchase the bronze membership of the Liverpool Schools Sports Partnership, which alongside our own school actions has enabled us to strengthen and improve our provision in the following ways:

To support and engage the least active children through a varied Physical Education programme, during Curriculum PE lessons, as well as before after school PE activities.

To pay for professional development opportunities for teachers in PE and sport.

To provide cover to release teachers for professional development in PE and sport.

To attend more sport competitions and increase pupils’ participation in school games.

To buy quality assured professional development modules /materials for PE and sport.

PE Curriculum

A wide range of activities is delivered in school, which aim to engage and inspire all children. We are also committed to ensure that all children receive at least 2 hours per week of high quality well-planned Physical Education.

Over the year each child will participate in games, athletics, dance and gymnastics lessons. Opportunities are also planned for swimming in Years 3, 5 and 6 and Outdoor and Adventurous activities in Years 5 and 6.

Swimming

Our aim is that **all** children leave our school at the end of Year 6 able to swim competently, confidently and proficiency over a distance of at least 25 meters, a target that was achieved in 2013 (50% of the Year group achieved the Kellogg's ASA Bronze and Silver Challenge Awards, with one pupil Achieving Gold).

In 2014 a 100% of our Year 6 pupils achieved this target and gained their 25 meters swimming award. In 2015 this success continued a total of 98.9% (only one pupil did not go swimming) from Year 6 children left our school successfully completing their 25 meters swimming award. Last year the year 6 pupils who achieved this target of swimming 25 meters were **92.6%**.

Our children also take part in safe self-rescue in different water based situations. This is included in the local authority swimming lessons and as part of the Years 5/6 PGL residential trips. We are introducing a swimming proficiency scheme this year. Year 5 and 6 pupils who have achieved swimming 25metres will have the opportunity to gain their life saving awards.

In addition to this we have a daily 'Rise and Shine' aerobic session, which increases children's activity and fitness levels so that they are ready to learn. Organised Yard games and activities are provided for all children on a daily basis. These activities range from giant chess to balance, agility and coordination challenges. School buddies also help with the implementation and organisation of different games.

This academic year we are in the process of replacing our system; we are transferring to a new online assessment system. It will allow us to track the progress of all pupils' during Physical Education lessons. We are also going to use ipads during PE lessons to help children to peer and self-assess during the lesson.

The Wider Curriculum

PE and sport has a high profile in our school and permeates many aspects of school life.

During our residential visits, children are given opportunity to participate in many different activities which may include: orienteering, assault courses, canoeing, raft building, climbing, caving, zip-wire, trapeze, high rope challenge, low rope challenge, quad bikes, sport target shooting, archery, giant swing, abseiling, puzzle physical solving, indoor sports, dance, fencing and water sports.

Intra-school sports challenges are built into the curriculum and regular house sports are encouraged. In the summer term we also hold our annual Sports Days in which we encourage participation of all children in potted sports and organise competitive races for our more sporting youngsters on a House basis.

Other agencies are used to enhance the variety of activities available and we take full advantage when these opportunities become available. For example, Liverpool John

Moore's University students deliver a year 6 Dance project and dance workshops. Talented children are signposted to local clubs and events to encourage them to develop their skills.

Healthy living and positive attitudes towards Health Issues are investigated and promoted across the curriculum. We look at balanced diets and healthy diets in science, alongside what is not healthy. KS1 children have the opportunity to visit a restaurant and work with chefs to design a healthy main course.

Circle time, and SEAL activities promote positive attitudes towards looking after each other, and taking care of ourselves. We concentrate on healthy lifestyles, which include mental, emotional and spiritual health.

Special events like Healthy Eating Week highlight the importance of a balanced diet appropriate to children. Parents of new children are encouraged to sample our excellent dining provision at new intake meetings, where families may experience examples of healthy school meals.

In St Michael in the Hamlet we are going to be introducing a new project this year called 'Active Ambassadors.' We are looking to involve pupils in becoming stakeholders in our school physical activities sessions. This will be done through feedback about the Physical Education lessons and physical activities available in school. Each year group will choose two representatives who will meet termly with the PE extended schools lead. Their role will be to liaise with their class and to report any feedback about PE and afterschool activities. We are also going to introduce a section on class newsletters informing parents and carers about what each year group will be doing, as part of PE and after school activities for each half term.

The Daily Mile is being introduced during the school day. Even though it is Physical Activity it will have an overall impact on the health and well-being of all pupils who participate. This will be completed 3 times a week. Children from Reception to Year 6 will run for 15 minutes 3 times a week. The aim of the project is to provide extra physical activity and to provide a sustainable skill that children will use throughout their life.

Beyond the School Day

The school is keen to provide a wide range of extra-curricular clubs for children throughout the year, which are organised by our teaching staff and/or sports coaches.

Children enjoy the opportunity to work with different teachers and have the chance to try many sports such as Football, Dodgeball, Netball, Cricket, Rounders, Dance and Athletics.

We try to cater for all our children's needs and so ask the children which clubs they would like to see included during the year; we also monitor participation and check uptake against gender and free school meals.

We enter a wide range of competitions and have had many successes. Our Athletics squads are particularly successful and we have two major competitive teams of boys and girls. Our Year 3/4 Squad has competed for the last six years and we have been Area and South City Champions six times, and City Champions three times, and runners up on two separate occasions.

Our Year 5/6 Squad has managed to win Area and South City Championships 22 out of the last 23 years, and has achieved the feat of winning the City Championships 15 times out of the last 23 years. Our Year 5/6 squad has also received the accolade of becoming County Champions in 2009 and in the last 6 years (all the years we have entered) St Michael in the Hamlet has never finished lower than 4th in the County Championship Finals. Our Athletics teams have regularly achieved the GOLD standard for National Indoor Athletics (AVIVA INDOOR ATHLETICS, recognised by the United Kingdom Athletics Association) and currently both squads hold this distinction. Our Year 5/6 squad holds second place in the County for the amount of individual events won, the Boys having won most in the County. Our Year 3/4 indoor athletics teams are currently the City of Liverpool Champions 2015/2016. We have successfully reached the City of Liverpool Final for the last six years. We were also City Champions both in 2012 and 2014. The Year 5 and 6 team finished 3rd in the City final 2016. This allowed the team to qualify for the Sportshall County Competition (LEVEL 3). In March the team competed really well. The standard was very high. We finished 4th overall in a very competitive event. Our Year 5 and 6 indoor athletic team (including Year 4 pupils) has just won the South Central Area winners in the LSSP competition. The team has now qualified for the City Final in January 2018.

We also compete in the Liverpool Outdoor Athletics on an individual student basis and we are proud to boast many individual Liverpool Champions. In the last four years children from our school have won a total of 22 individual Liverpool Championships Winners medals, and twice have broken Liverpool Outdoor Athletics Individual Records. The year 5 boys team has also taken second place overall in the first year we competed in the outdoor competition. Our Boys 100m Relay team beat a record that stood for 20 years in 2011.

During the 2013/2014 season one of our athletes also became the fastest boys 75m runner breaking a record that had stood for the last 22 years. Unfortunately, we were unable to participate in the outdoor athletics season this year because of the refurbishment of the Wavertree track site.

Our football teams are open to both boys and girls. Year 3 and 4 football team will continue this year.

Our KS1 children regularly compete in multi-sports festivals and competitions.

Please refer to the children's page of the website for more details of the extra-curricular activities on offer.

In St Michael in the Hamlet CPS we are committed to sports provision:

“Our aim is to provide a range of healthy, sporting and challenging activities to all pupils in our school. We will support learning through participation and encourage children to improve and excel. We are committed to providing positive experiences to children of all abilities through the teaching of basic skills, healthy lifestyles and essential life skills. This will enable individuals, groups and teams to flourish and achieve”

Primary school experiences are pivotal to the children's future perception of physical activity and we believe that children leave our school equipped to enjoy sport for all its health and social benefits. For those who relish the competitive element, they gain the skills, confidence and relevant experience to succeed at their chosen level and discipline.